**Minutes of Bingley Medical Practice**

**15th January 2018**

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| **Agenda Items** | **Minutes** | **Outcome/Action** |
| **Apologies and Welcome** | **Present:** Jill Wadsworth, Michelle Beaumont, Norma Bartle, Pam James, Dave Rawlinson, Margaret Tetley, Jessica Prance, Nadia Long, Ian Hodgson, Charlotte Hamilton, Lynn Asquith, Pam Vinnicombe, Emma Oates, Carey Dowson.  **Apologies:** Dr B. Pitcairn, Kathie Naylor. Akram Khan Cheema, Lisa Wade |  |
| **Minutes of Last Meeting** | Minutes of Monday 13th November 2017 Approved |  |
| **Patient Concerns, Comments & Suggestions** | * No patient comments or concerns |  |
| **Presentation**  **By**  **Jessica Prance and Nadia Long**  **Re:**  **Why young people are reluctant to attend the practice?**  **Sexual and Mental heath issues in Secondary Schools.**  **Social Media** | Jessica & Nadia gave a presentation regarding why young people would be reluctant to come to the doctors. Some of the reasons given were that they would be worried about being judged by parents and worried about the GP informing parents of mental or sexual health issues.  There was a miscommunication in schools between pupils such as exaggerated comments in schools about visits to their GP, which could put other pupils off attending i.e. The size of needle used to take blood!  They also stated that there was very little knowledge of different mental health conditions faced by young people. They feel that there is little support for pupils with mental issues leaving Primary School and going into Secondary school and that there was no continuity or communication for pupils other than what is in the curriculum - Life sessions which is a tutor service for pupils to be able to talk.  They spoke of Social media and how it affects young people’s self-confidence and self esteem, comparing friends and having unrealistic expectations. The correct BMI - unhealthy images of models and people in the media normalising unrealistic expectations of body sizes and images.  Young children eating unhealthy diets - That lot of campaigns with healthy sized models. That drama was offered in schools which included role playing with pupils being put into each others shoes to see how it feels to be bullied and vice versa.  They did however feel that schools were just jumping through hoops to meet the education criteria and the social problem were being neglected. | A very well thought out and put together presentation. Jill thanked them and asked what the PPG could do to help support pupils in schools?  Dr Jackson interested in getting pupils to visit the practice etc. Norma to establish a link with Dr Jackson to follow this up. |
| **Extended Access** | * Jill has been to a meeting other Hubs which are divided into 3 - We are in the Northern section along with Shipley & Idle. * Carey is to complete a declaration of interest, which has to in by 3rd February. Unfortunately the Hubs (in the model that is being set up) will only run until 2020 where they will either changed to something else or be reviewed. * Carey stated that this is normal practice. * Ian & Jill are to attend a national meeting in Birmingham to see how the rest of the country are meeting the governments proposals. * Patients will be able to access any of the Hubs - So for people working nearer to another Hub, they would also be able to access the Hub nearer to their place of work * Carey stated that funding would be provided but was unsure as to whether it would actually be cost effective. |  |
| **Practice Report**  Carey Dowson | * Carey Thanked the PPG for everything that we do, he also thanked the PPG for helping with the students. * Carey thanked Jessica & Nadia for their excellent presentation. * Carey stated that the Hub is called Extended Access & that there would be a GP, Nurse and other services were being looked at. * Sadly Dr Pitcairn will be retiring on the 31st March. She will be replaced by 3 GP’s one of whom has already joined the practice. * Carey is proposing to have a few PPG Members attend the practice meeting with the GP’s which he feels will make people more focused. * The blood clinics will be changing from drop in sessions to booked appointments. * Very sadly Dr Haslam’s husband died over the Christmas break. * Norma will collect donations from the PPG and will purchase a plant/shrub for Dr Haslam and a garden centre voucher for Dr Pitcairn. | Executive to discuss  Jill to arrange |
| **Newsletter** | * This should be ready for the end of January colour photographs are being put into it to brighten it up. * Ian is liaising with the printer. |  |
| **Action plan**    **A.O.B.** | * Nearly everything that we planned to carry out in 2017 has been done. * The exec committee are to put the 2018 action plan together      * Jill asked for a volunteer to join her in the back office for a day and then write a report. * The PPG are to meet with the GP’s every alternate month. * Dave Rawlinson said that the organisation of the patients for Doctor training was all going very smoothly. * Emma Oates brought the information that she had gathered regarding the groups for young mums. * Health visitors aren’t doing any groups Re breastfeeding & No groups will be running in Canalside for women with young children and that they are having to rely on private groups such as baby massage * The cafe has closed at Canalside - The landlord wanted £17.000 to run the cafe * Pam was pleased that discussion has taken place regarding the cafe for young mums & Elderly people. * Dementia awareness play The PPG are doing the refreshments for this - It will be held on the 13Th February 1.30 - 3.30 There is a poster in the surgery it is being run by the 5 PPG’S Tel: 01132 3438609 | Pam Vinnicombe & Margaret Tetley to join Jill  Jill would like to thank Dave and Louise for their excellent organisation skills.  Hale are trying to sort the lease out  Emma to give Carey her details in order for him to promote NCT To come in & give a space for mums to come together. |
| **Date of next meeting** | **Monday March 12th 2018** |  |