



Save these dates ...

This Autumn, we have a number of important and informative events planned at Canalside Health Centre:



Sep
28

From 6–8pm on the evening of **Monday 28th September** we will be hosting our first **Living Well** event upstairs in the café area at Canalside. Advice and support will be available on topics such as eating well, mental wellbeing, family health, stopping smoking, becoming more active, drugs and alcohol addictions, and living with long-term conditions.



Oct
HALF-TERM

During the **half-term school holiday week** we will be running a drop-in vaccination clinic for school-aged children who are registered with the practice and who have not already had a vaccine. Parents/carers of eligible children will receive a communication via SMS from the practice nearer the time, inviting them to attend with their child/children.



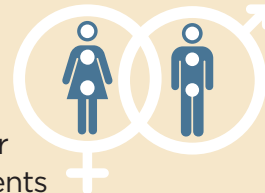
Oct
3

On **Saturday 3rd October** during the morning we will be holding our annual **Flu Vaccination Clinic**. All eligible patients of the practice should have received an invitation by text message inviting them to attend.



Nov
23

On **Monday 23rd November** from 6–8pm we will be holding our regular men's and women's health events on the same evening, which this year will be called **Thrive Together**, so look out for more details being made available soon.



Refreshments and a warm welcome are guaranteed at both of our evening events.
We look forward to seeing you!



Above, from left to right: Jill Wadsworth, Margaret Tetley and Anna Dixon, MP for Shipley West.

MP visits Canalside

Canalside Health Centre was pleased to welcome MP for Shipley West Anna Dixon on Monday 17th August to see the facilities and meet everyone involved in current and future neighbourhood health plans to support our communities.

As part of her visit Anna met with volunteers in the Community Café and enjoyed a cup of coffee and a slice of home-baked cake.

Attention young adults – book a MenB vaccination appointment



MenB disease is a serious bacterial infection which can cause meningitis, blood poisoning, and sepsis. It progresses very quickly and can be fatal.

Some young adults aged between 17 and 25 years old can get free NHS MenB vaccinations this year.

Who is eligible?

Free NHS MenB vaccinations are available from 20th July 2026 if you were:

- Born between 1st September 2007 and 31st August 2008; or
- Born on or after 21st July 2001 and are starting university for the first time in autumn; or
- Born on or after 21st July 2001 and are starting some residential

How it works

Use this service to:

- book an appointment for your 1st or 2nd dose
- check your existing appointment details
- change an appointment
- cancel an appointment



further education colleges for the first time in autumn 2026 as a residential student.

You must be registered with a GP surgery in England.

A text will be sent out in response to enquiries as follows: Meningitis B vaccines for young people – these are provided by community pharmacy. You may have had an invite regarding this already.

Please use this link below to confirm you are eligible and to book a vaccination:

<https://www.nhs.uk/nhs-services/vaccination-and-booking-services/book-a-menb-vaccination-appointment/>

Dr Mike Francis

Meet our new café volunteers

Our community café is normally open upstairs each Monday to Friday, 11am to 1pm, and is run entirely by a wonderful team of volunteers.

We try hard to keep our café open all week and during holiday periods and sickness, so if you are able to spare any time on a regular basis we would really



Debbie

appreciate your help. We are delighted to introduce two new volunteers, Debbie and Judith, who you may have already been served by if

you pop into the café regularly.

And our particular thanks must also go to Tilly, café founder Jill Wadsworth's granddaughter, who has helped in the café on many occasions when she has been home from university. Thanks Tilly!

We will be introducing you to more volunteers in the next issue of *Patient News*.

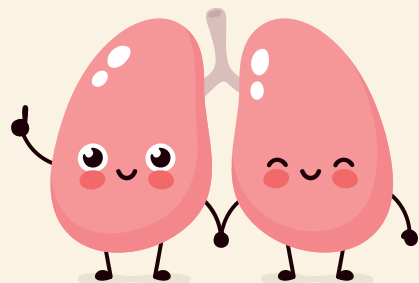


Judith



Tilly

Lung Health Check Screening Programme May–June 2026



During May 2026, Bingley Medical Practice worked with Bradford District & Craven Health & Care Partnership and the West Yorkshire & Harrogate Cancer Alliance as a participant to invite patients to have a telephone Lung Health Check.

For those deemed eligible they were referred for a CT scan in the mobile unit in the car park at Bingley Medical Practice throughout June.

1,692 patients were invited; of these 530 patients were booked for a telephone Lung Health Check appointment. Out of these 181 were referred for a CT scan. Any that were normal will be followed up by the service for a repeat scan. Any that were abnormal were followed up by the service and GP informed. They also picked up other conditions such as coronary calcification and these were sent to the GP for follow-up.

The service will be returning to Bingley to follow-up on anyone that was missed the first time – invites will be sent to those who are eligible nearer the time. The telephone lung health checks will commence in November and the CT scans will be in December.

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Opening Times:
Monday to Friday – 8am–6:30pm
Telephone Line Times:
Monday to Friday – 8am–6pm